



# WE C A DIFFERENT APPROACH

**C** = Your neighborhood resource for CARE. COMMUNITY. CONNECTION. CONVERSATION.

AllHealth Network is one of the few local resources that has trained professionals to not only evaluate substance use challenges but also the mental health needs of the individual (co-occurring conditions). We use an integrated approach to look at how mental health and substance use disorders are intertwined to identify the best treatment approach.

AllHealth Network provides addiction treatment for both adults and adolescents. Our Littleton, Parker, and Castle Rock locations have staff trained to work with individuals on their path to recovery from addiction, mental illness, and trauma.



## Adult Substance Use Treatment

The Recovery Cooperative (The Co-Op) offers a unique and modern Intensive Outpatient Program. This program primarily consists of group treatment, individual sessions, as well as family and couples therapy. These services are supplemented by case management to ensure our clients get the wraparound services they need. Treatment at The Co-Op is both trauma-informed and evidence-based. All of these services are also available individually on an outpatient basis and provided in an inviting, shame-free environment.

Services are available Monday through Saturday, including in the evenings.

## Substance Use Intensive Outpatient Program (IOP) details:

- Treatment for adults (age 18 +)
- 3 groups - Recovery Skills, Foundations, and DBT, everything a person needs to start a balanced path to recovery
- A multidisciplinary team made up of psychiatrists, nurses, and behavioral health clinicians
- Rapid access to services
- Case management and adjunctive services like individualized job placement

*"By attending individual therapy and groups at AllHealth Network, I feel like I'm making progress healing from trauma and depression and finding a way back to living life rather than surviving."*

- Recovery Co-Op Client



We C Your Courage



## Highly Qualified Providers

Our incredible, dedicated team of highly-trained counselors are dually-credentialed with a license to treat both mental illness and addiction. Our Co-Occurring team is also trained in Motivational Interviewing — a client-driven treatment approach.

Our clinicians also use evidence-based practices such as:

- EMDR
- Dialectical Behavioral Therapy
- The Daring Way™
- Cognitive Behavioral Therapy
- Internal Family Systems
- Acceptance and Commitment Therapy

We have board-certified psychiatrists and psychiatric nurse practitioners on staff to support the medication needs of our clients in The Co-Op. Research shows that the most effective treatment for many mental health conditions is a combination of medication and psychotherapy.

## C Who We Are

AllHealth Network has over 150 clinical providers and more than 25 psychiatrists and nurse practitioners. We have providers located in area schools, jails, detention centers, and at our 11 physical locations in Littleton, the DTC, Castle Rock, Parker and Highlands Ranch.



## Adolescent Substance Use Treatment

AllHealth provides services to teens struggling with substance use by focusing on a collaborative treatment effort involving the teen's family. Whether a teen is experimenting with substances or an addiction is controlling an individual's life, we're here to help.

## Co-Occurring Treatment Philosophy

The Recovery Co-Op is unique in its ability to welcome, engage, inspire and provide integrated services to help people with addictions and one or more mental health conditions, including trauma. Clients report enjoying treatment at The Co-Op because they feel connected, accepted and welcomed regardless of their recovery status. We help people who may have lost hope regain hope that they can address all of their conditions to have happy, meaningful, and successful lives.

Our program was developed in partnership with Dr. Kenneth Minkoff and Dr. Christine Cline from Zia Partners.

**Services available at our  
Littleton-Sycamore, Castle Rock,  
and Parker-Dransfeldt locations.**

## C What We Provide



**Counseling Services**



**Psychiatry**



**Resiliency Program for  
Children & Families**



**Crisis Services**



**Crisis Stabilization Unit**



**Acute Treatment Unit**



**Substance Use Services**



**Community Wellness**



**Criminal Justice Programs**



**School-based Services**



**Pharmacy**

**Most insurance plans are  
accepted, including Medicaid.**

**Information and Appointments:**

**303-730-8858**

**Emergency & Crisis Intervention:**

**303-730-3303**

Available 24/7, 365 days a year.



**AllHealth**  
NETWORK

AllHealthNetwork.org

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.

*We*



*Your Potential*

**THE RECOVERY  
COOPERATIVE**

**TREATMENT FOR: SUBSTANCE USE  
MENTAL HEALTH - TRAUMA**



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NETWORK

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