



# WE C A DIFFERENT APPROACH

**C** = Your neighborhood resource for  
CARE. COMMUNITY. CONNECTION.  
CONVERSATION.

AllHealth is one of the few local resources that has trained professionals to not only evaluate substance use challenges but also the mental health of the individual (co-occurring conditions). We look at how mental health and substance abuse are intertwined to find the best treatment through an integrated approach.

AllHealth Network is a hidden gem for treatment of addiction among adolescents and adults. All locations have staff trained to work with individuals who need treatment for alcohol or drugs, such as marijuana, cocaine, prescription drugs or heroin.



## Adult Substance Use Treatment

Adult outpatient services incorporate a variety of therapeutic activities and interventions, each of which has been selected for its effectiveness at helping men and women achieve both short- and long-term recovery-related goals.

Substance Use Intensive Outpatient (IOP) program details:

- Adults only (age 18+)
- Group treatment for a minimum of 9 hours per week coupled with individual treatment planning.
- We encourage family involvement in the treatment progress.
- In addition to a Core Recovery group, clients are able to create a treatment schedule that works for their needs. This schedule is flexible and can be changed as they move through their recovery journey.

Services are available Monday through Saturday, including in the evenings.

For individuals coping with opioid addiction, we have multiple treatment practitioners who are SAMHSA approved to prescribe Suboxone® and Vivitrol®.

*We review both substance use and mental health to see if they are intertwined to find the best treatment.*

We **C** Your Courage



## Adolescent Substance Use Treatment

AllHealth provides services to teens struggling with substance use by focusing on a collaborative treatment effort involving the teen's family. Whether a teen is experimenting with substances or an addiction is controlling an individual's life, we're here to help.

Together, we will:

- Help determine the severity of substance use.
- Explore family dynamics and different communication styles.
- Collaborate on a plan to eliminate self-defeating substance use behavior.
- Provide drug and alcohol education.
- Teach skills to maintain sobriety, build coping skills and improve self-esteem.
- Coordinate additional treatment within our network as needed.

From individual therapy to group and family sessions, we can provide the right support for each person.

## **C** Who We Are

AllHealth Network has over 150 clinical providers and more than 25 psychiatrists and nurse practitioners. We have providers located in area schools, jails, detention centers, and at our 9 physical locations in Littleton, the DTC, Castle Rock and Parker.

## Co-Occurring Treatment Philosophy

Substance use disorders, including addiction, regularly occur alongside other mental illnesses. Sometimes substance abuse symptoms can manifest in ways that are similar to symptoms of other mental health disorders, making it seem that there is another issue co-occurring. However, later it turns out that the symptoms were a result of the substance use to begin with. Because of these possibilities, it is important for diagnosis and treatment to be flexible.

We believe that treatment of mental health, substance use, and often trauma, requires co-occurring treatment as a key to recovery.

## Highly Qualified Providers

Our incredible, dedicated team of highly-trained counselors are all dually-credentialed in both mental health licensure and certified in addictions. Our addiction team is trained in Motivational Interviewing —a client-driven treatment approach. Clinicians also use evidence-based practices such as EMDR, DBT, the Daring Way™, Cognitive Behavioral Therapy, and Internal Family Systems.

Most insurance plans are accepted, including Medicaid.

## **C** What We Provide

-  **Counseling Services**
-  **Psychiatry**
-  **Resiliency Program for Children & Families**
-  **Crisis Services**
-  **Crisis Stabilization Unit**
-  **Acute Treatment Unit**
-  **Substance Use Services**
-  **Community Wellness**
-  **Criminal Justice Programs**
-  **School-based Services**
-  **Pharmacy**

Information and Appointments:  
303-730-8858

Emergency & Crisis Intervention:  
303-730-3303

Available 24/7, 365 days a year.



[AllHealthNetwork.org](http://AllHealthNetwork.org)

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.

*We*



*Your Potential*

# SUBSTANCE USE SERVICES

**YOUR CENTER FOR  
CO-OCCURRING CONDITIONS**



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CONVERSATION.**