



## What Sets Us Apart

AllHealth Network is a not-for-profit, private organization that has been providing mental health and substance use counseling since 1955 offering a full array of clinical services available to all ages.

### C Who We Are

AllHealth Network has over 150 clinical providers and more than 25 psychiatrists and nurse practitioners. We have providers located in area schools, jails, detention centers, and at our 9 physical locations in Littleton, DTC, Castle Rock and Parker.

We are a trusted family of mental health and substance use providers. Our warm, smart, compassionate clinicians (counselors, therapists, social workers, psychiatrists, case managers, nurses) offer a consistent model of clinical excellence with a focus on personalized goals for treatment. Whether this is your first call to seek services, a mental health emergency, or if you have been a client with us for years, our providers are here to serve you with an open heart and mind.



### C What We Provide

- Counseling Services
- Crisis Services
- Substance Use Services
- School-based Services
- Psychiatry
- Crisis Stabilization Unit
- Community Wellness
- Pharmacy
- Resiliency Program for Children & Families
- Acute Treatment Unit
- Criminal Justice Programs

### Counseling

AllHealth offers individual, family, couples, and group counseling (therapy). Our treatment gives you the chance to see your challenges in a new light and to make effective changes that work for you.

Some of the key issues we work with during individual counseling or psychotherapy may include: stress, life/work/school transitions, relationship struggles, self-esteem, grief/loss, anxiety, depression, ADHD, trauma and loneliness.

Individual Therapy · Couples Therapy · Family Therapy · Group Therapy

### Psychiatry

Medication is available for mental illness and to help with substance use disorders. Research shows that the most effective treatment for many mental health conditions is a combination of medication and psychotherapy. Our prescribers conduct medication management appointments at regular intervals to evaluate your response to medications and adjust as needed.

### Crisis Services

Our Walk-In Center (WIC) is open 24 hours a day, 7 days a week. Our licensed clinicians offer confidential, in-person support, information and referrals to anyone in need. We see children, adolescents, young adults, families and adults.

Our helpful Phone Intake Counselors are available at all hours of the day to receive referrals from the community, area hospitals or from our crisis hotline @ **303-730-3303**.

### Crisis Stabilization Unit (CSU)

The Crisis Stabilization Unit (CSU) is a residential, unlocked facility with clinical care for individuals able to manage their psychiatric conditions and who are not at high risk of harm. The average length of stay at our CSU is always less than 5 days. AllHealth Network's CSU is available for adults (age 18 and older) who need more intensive services than outpatient.

### Bridge House Acute Treatment Unit

Our Acute Treatment Unit (ATU) is a 16-bed treatment facility for adults in need of an inpatient stay due to a psychiatric or mental health crisis. Bridge House offers a residential level of care to adults experiencing a complex behavioral health crisis. The clinical and nursing team use an evidence-based approach called Illness, Management and Recovery to help individuals develop personal strategies for coping with mental illness and moving forward with their life. ATUs provide intensive and individualized services in a therapeutic, yet secure setting. Treatment may be voluntary or involuntary.

### Substance Use Services (Co-Occurring program)

AllHealth offers substance use treatment for adolescents and adults including client-driven recovery services for alcohol, drugs, and pain killers while continuing to allow clients to live in our community. All locations have staff trained to work with individuals who need treatment for alcohol or drugs, such as marijuana, cocaine, prescription drugs or heroin.

**Our Substance Use Intensive Outpatient (IOP)** program is for adults only (age 18+) and includes group treatment for a minimum of 9 hours per week coupled with individual treatment planning (available Mon.-Sat. including evenings).

**Our Medication Assisted Treatment (MAT)** is for individuals coping with opioid addiction. We have multiple treatment practitioners who are SAMHSA approved to prescribe Suboxone® and Vivitrol®.

### Community Wellness Services

As a Community Mental Health Center (CMHC), AllHealth has wrap-around support programs for our most vulnerable clients—individuals living with serious mental illness such as schizophrenia, bipolar disorder, and psychotic disorders and those who are disabled due to mental illness. We focus on helping individuals on their journey to recovery.

Our Community Wellness services include:

- Case Management
- Care Navigation (i.e., benefits, resources, transportation, housing assistance)
- Counseling for Serious Mental Illness
- Psychosocial Rehabilitation (groups to help build skills and connections with others)
- Center Point (drop-in program)
- Criminal Justice Programs
- Assertive Community Treatment
- Certifications (for individuals who are court-ordered to mental health treatment)
- Medication Management
- Hospital Step Down services (with our Transition Team for individuals who are being discharged and need to get connected to care)



We Want To Change

1 in 4 Coloradans experience a mental health issue

**AllHealth Network**  
We're the **C** of **Connected Care** in your **Community**



How We're Different

**C** = your neighborhood resource for...

- **CARE:** We offer same day walk-in initial appointments in Littleton and Parker and 24/7 crisis care.
- **COMMUNITY:** As a large community mental health center, we are able to offer mental health or substance use assessment appointments within 7 days of request.
- **CONNECTION:** We help you build social connections and understand the importance of belonging.
- **CRISIS:** Our Walk-in Crisis center is open 24 hours a day, 7 days a week to provide crisis evaluations for all ages.
- **CONVERSATION:** We have 20 therapists working in various programs across our network, trained in Dr. Brene Brown's The Daring Way™, to provide powerful conversation with clients who want to live freely and authentically.
- **COUNSELING:** Our highly-skilled providers are trained in the latest, most effective, evidence-based practices with demonstrated outcomes.
- **CO-OCCURRING:** We offer co-occurring treatment for those dealing with both mental health and addiction.

Most insurance plans accepted, including Medicaid

**Call for information and appointments: (303) 730-8858**

**Castle Rock** (all ages)  
831 South Perry Street  
Castle Rock, CO 80104

**Denver Tech Center** (all ages)  
155 Inverness Drive West  
Englewood, CO 80112

**Parker** (all ages)  
10350 Dransfeldt Road  
Parker, CO 80134

**Littleton** (adults only)  
5500 South Sycamore Street  
Littleton, CO 80120  
(AllHealth's pharmacy location)

**Littleton** (children up to age 26 & families)  
61 West Davies Avenue  
Littleton, CO 80120

**Wellness Center**  
5554 South Prince Street  
Littleton, CO 80120

**Sycamore** (adults only)  
5500 S. Sycamore  
Littleton, CO 80120

**Acute Treatment** (adults only)  
Bridge House  
6507 S Santa Fe Dr.  
Littleton, CO 80120

**Walk-in Center & Crisis Stabilization**  
Santa Fe House  
6509 S Santa Fe Dr.  
Littleton, CO 80120



**AllHealth**  
NETWORK

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.



**CONNECTED CARE IN YOUR COMMUNITY**  
AllHealthNetwork.org



Your neighborhood resource for  
**CARE. COMMUNITY. CONNECTION. CONVERSATION.**