AllHealth is a not-for-profit, private organization that has been providing mental health and substance use counseling since 1955 offering a full array of clinical services available to all ages.

What Sets Us Apart

Counseling
AllHealth offers individual, family, couples, and group counseling (therapy). Our treatment gives you the chance to see your challenges in a new light and to make effective changes that work for you.

Some of the key issues we work with during individual counseling or psychotherapy may include: stress, life/work/school transitions, relationship struggles, self-esteem, grief/loss, anxiety, depression, ADHD, trauma and loneliness.

Individual Therapy · Couples Therapy · Family Therapy · Group Therapy

Psychiatry
Medication is available for mental illness and to help with substance use disorders. Research shows that the most effective treatment for many mental health conditions is a combination of medication and psychotherapy. Our prescribers conduct medication management appointments at regular intervals to evaluate your response to medications and adjust as needed.

Crisis Services
Our Walk-In Center (WIC) is open 24 hours a day, 7 days a week. Our licensed clinicians offer confidential, in-person support, information and referrals to anyone in need. We see children, adolescents, young adults and adults.

Our helpful Phone Intake Counselors are available at all hours of the day to receive referrals from the community, area hospitals or from our crisis hotline @ 303-730-3303.

Crisis Stabilization Unit (CSU)
The Crisis Stabilization Unit (CSU) is a residential, unlocked facility with clinical care for individuals to manage their psychiatric conditions and who are not at high risk of harm. The average length of stay at our CSU is always less than 5 days. AllHealth Network’s CSU is available for adults (age 18 and older) who need more intensive services than outpatient.

Bridge House Acute Treatment Unit
Our Acute Treatment Unit (ATU) is a 16-bed treatment facility for adults in need of an inpatient stay due to a psychiatric or mental health crisis. Bridge House offers a residential level of care to adults experiencing a complex behavioral health crisis. The clinical and nursing team use an evidenced-based approach called Illness, Management and Recovery to help individuals develop personal strategies for coping with mental illness and moving forward with their life. ATUs provide intensive and individualized services in a therapeutic, yet secure setting. Treatment may be voluntary or involuntary.

Substance Use Services (Co-Occurring program)
AllHealth offers substance use treatment for adolescents and adults including client-driven recovery services for alcohol, drugs, and pain killers while continuing to allow clients to live in our community. All locations have staff trained to work with individuals who need treatment for alcohol or drugs, such as marijuana, cocaine, prescription drugs or heroin.

Our Substance Use Intensive Outpatient (IOP) program is for adults only (age 18+) and includes group treatment for a minimum of 9 hours per week coupled with individual treatment planning (available Mon.-Sat. including evenings).

Our Medication Assisted Treatment (MAT) is for individuals coping with opiod addiction. We have multiple treatment practitioners who are SAMHSA approved to prescribe Suboxone® and Vivitrol®.

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How We’re Different

C = your neighborhood resource for...

• CARE: We offer same day walk-in initial appointments in Littleton and Parker and 24/7 crisis care.

• COMMUNITY: As a large community mental health center, we are able to offer mental health or substance use assessment appointments within 7 days of request.

• CONNECTION: We help you build social connections and understand the importance of belonging.

• CRISIS: Our Walk-in Crisis center is open 24 hours a day, 7 days a week to provide crisis evaluations for all ages.

• CONVERSATION: We have 20 therapists working in various programs across our network, trained in Dr. Brene Brown’s The Daring Way™, to provide powerful conversation with clients who want to live freely and authentically.

• COUNSELING: Our highly-skilled providers are trained in the latest, most effective, evidence-based practices with demonstrated outcomes.

• CO-OCCURRING: We offer co-occurring treatment for those dealing with both mental health and addiction.

Most insurance plans accepted, including Medicaid

Call for information and appointments: (303) 730-8858

Castle Rock (all ages)
831 South Perry Street
Castle Rock, CO 80104

Denver Tech Center (all ages)
155 Inverness Drive West
Englewood, CO 80112

Parker (all ages)
10830 Dransfeldt Road
Parker, CO 80134

Littleton (adults only)
5500 South Sycamore Street
Littleton, CO 80120
(AllHealth’s pharmacy location)

Littleton (children up to age 26 & families)
61 West Davies Avenue
Littleton, CO 80120

Wellness Center
5554 South Prince Street
Littleton, CO 80120

Sycamore (adults only)
5500 S. Sycamore
Littleton, CO 80120

Acute Treatment (adults only)
Bridge House
6507 S Santa Fe Dr.
Littleton, CO 80120

Walk-in Center & Crisis Stabilization
Santa Fe House
6509 S Santa Fe Dr.
Littleton, CO 80120

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.