

MY RECOVERY IS

**E.P.I.C.**

A LIFE SKILLS COURSE FOR PEOPLE IN OR  
SEEKING RECOVERY FROM SUBSTANCE USE  
DISORDER

**Core components of the curriculum include:**

- Recovery Messaging • Education • Housing •
- Employment (Parts 1 & 2) • Finance • Leadership
- & Empowerment • Healthy Relationships •
- Holistic Health • Neuroscience of Substance Use
- Disorder

**JOIN VIRTUALLY EVERY  
WEDNESDAY 10-11:30AM**

beginning 8/4/2020

