

FREE 2-HR TRAINING VIA ZOOM



PSYCHOLOGICAL FIRST AID

HOW TO SUPPORT PEOPLE
AFTER AN INTENSE EVENT BY:
SUPPORTING SAFETY
LISTENING
COMFORTING
CONNECTING
INSTILLING HOPE

WEEKDAY, WEEKEND & EVENING CLASSES AVAILABLE:

8/28	11:30-1:00
9/30	2:30-4:30
10/26	6:00-8:00
11/19	8:30-10:30
12/5	9:00-11:00

Sign up



bit.ly/PFACOSPIRIT

For more info, email COspirit@allhealthnetwork.org