

# Community Engagement Team (CET)



The goal of the CET is to expand community knowledge of AllHealth Network and reduce the stigma of mental health services.

We aim to provide preventative and psychological support to the community and reduce barriers to mental wellness support and



**AllHealth**  
NETWORK

# ABOUT THE CET

All support is free, anonymous, and entirely community based. We are an introduction to mental health skills and topics, and serve as a warm handshake to AllHealth Network as a whole.

## SERVICES OFFERED

- Evidence-based trainings
- Referral and resource linkage
- Individual short-term support
- Skills-based wellness trainings
- Wellness Hours

## WHO WE SERVE

We serve Arapahoe County, Douglas County, and the surrounding South Metro Denver area.

Our services can be geared to any age, and are free to everyone, you do not need to be an AllHealth Network client.

### Call us:

(720) 707-6789  
(Voicemail only)

### Email us:

[CET@allhealthnetwork.org](mailto:CET@allhealthnetwork.org)

### Our website:

[allhealthnetwork.org](http://allhealthnetwork.org)



[@allhealthnetwork](https://www.instagram.com/allhealthnetwork)

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.