Established in 1969, Harmony Recovery is one of Colorado's longest-standing addiction treatment centers, beautifully nestled in the **Rocky Mountains.**



WHO WE ARE

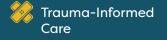
With over 55 years of legacy, we have been dedicated to breaking the cycle of generational addiction in families. We are proud of our intimate treatment program, located in a safe and natural environment that helps individuals pause, reflect, and rebuild their new life in recovery. At Harmony Recovery, we tailor each treatment plan to your unique needs for the most effective and personalized care.

WHAT WE PROVIDE

Comprehensive Medical Detox



Recommitment to Recovery



Va Mental Health





The Path of Recovery: The Next Step to Addiction Treatment & Recovery

PRIMARY RESIDENTIAL CARE

Harmony Recovery's residential program offers the tools and environment necessary to foster a supportive community and build a strong foundation for lasting recovery. During the client's stay in our residential care, they will benefit from 24-hour attention provided by highly skilled staff, ensuring comprehensive clinical, medical, and spiritual support. Individualized treatment is based on each client's personal goals and preferences, level of motivation, co-occurring mental health, medical, and spiritual needs.

COMPREHENSIVE MEDICAL DETOX

Harmony's detoxification program offers comprehensive withdrawal management and a thorough assessment to lay the foundation for ongoing recovery. Our 24/7 nursing support ensures continuous care, and the program can be accessed as a standalone service or as part of a broader continuum of care.

RECOMMITMENT TO RECOVERY PROGRAM (RCR)

RCR Program offers short-term, residential treatment for individuals who relapse within a year of completing a previous residential program. Participants reside on campus, receiving comprehensive medical care and engaging in relapse prevention-focused programming. The treatment includes medical consultations, group and individual therapy, and case management to address the behaviors that led to the relapse and to help reestablish a new foundation for recovery.

INTENSIVE OUTPATIENT PROGRAM (IOP)

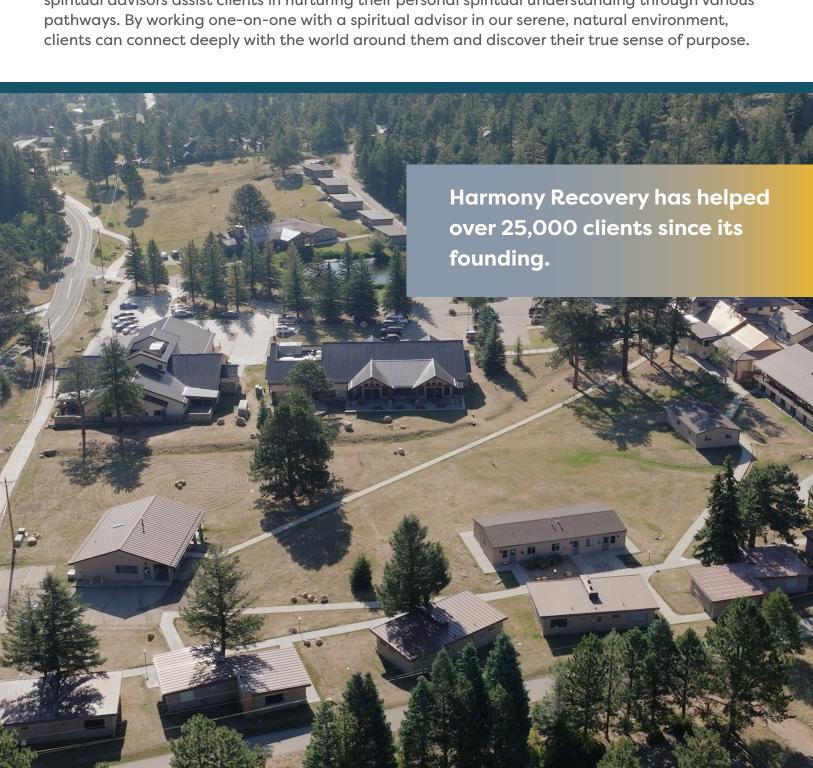
This program allows participants to live at home, continue their employment, and engage with their community while developing positive recovery skills. This fully virtual Intensive Outpatient Program (IOP) typically includes individual sessions, group therapy sessions, case management support, and drug testing. IOP is an excellent option for those who are not in need of a more intensive program such as residential or for those transitioning from an inpatient program who want to gradually reduce their support as they build a solid foundation for their recovery.

FAMILY PROGRAM

Harmony's family program provides psychoeducational groups on the disease model of addiction and offers weekly virtual meetings in a peer-driven format. These free online sessions create a safe space for families to discuss issues, express themselves, and begin the healing process. Open to Harmony alumni, family members, and loved ones, our program underscores the importance of ongoing family support in overcoming resentments and restoring relationships through compassionate communication.

SPIRITUALITY AND SELF DEVELOPMENT

Spirituality has always been central to Harmony's treatment philosophy. Our on-campus spiritual advisors assist clients in nurturing their personal spiritual understanding through various





CONTINUUM OF CARE: COMPREHENSIVE SUPPORT AT EVERY STAGE

At AllHealth Network, we offer comprehensive support for individuals with complex mental health needs. After leaving Harmony, they will find continued care and resources in the Denver metro area and its surrounding communities, ensuring ongoing support on your recovery journey.

ALLHEALTH NETWORK SUPPORT SERVICES:

- Case Management
- Care Navigation
- Counseling for Serious Mental Illness
- Psychosocial Rehabilitation
- Drop-in program for all clients (Center Point)

- Criminal Justice Programs
- Assertive Community Treatment
- Certifications
- Medication Management
- Hospital Step Down services

ALL TOGETHER. START YOUR JOURNEY TO RECOVERY.



ADMISSIONS PROCESS

Our admissions team will conduct a screening to determine medical/clinical needs, review your insurance and finances, determine transportation needs, and schedule admission. We are able to work with most major commercial insurance providers. Please contact our admissions team (a) 970-591-5943 or email (admissionteam(aharmonyfoundation.inc to learn more.

BUSINESS AND DEVELOPMENT TEAM

Our Business and Development Team is here to assist you with a personalized tour of our facility, answer any questions via email, and provide information over the phone. They will also help manage referrals to ensure a seamless process. You can contact the director of business & development directly below for more details and to schedule your visit.

Contact Karen Kness @ 970-577-3252 or email kkness@harmonyfoundation.inc.

(970) 340-2228

1600 Fish Hatchery Road, Estes Park, CO 80517 www.harmonyfoundationinc.com

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HARMONY. RECOVERY.

At Harmony Recovery, we are here to help you, offering multiple levels of medical and clinical care in a compassionate environment.

AllHealth Network does not discriminate on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, or disability.



